

# COMMUNITY PATROLS OF NEW ZEALAND



## MAY PATROLLER BRIEFING



@communitypatrolsof  
newzealand



048170228



[www.cpnz.org.nz](http://www.cpnz.org.nz)



For sale! Is your Patrol looking to buy it's first Patrol vehicle or thinking about upgrading? See page 3 for further details

## A Word from our Chair.....



Greetings to all patrollers,

Businesses are now opening their doors as they slowly develop alternative processes to their business operation. Combine this with the greater freedom that everyone has and we will start to see our communities get back to normal. Although this may be a new normal for many people. Unfortunately, this will also allow the criminal elements of our society the opportunity to get back to nefarious business. The restrictions of movement during lockdown level 3 and 4 generally produced a low level of crime in most areas of New Zealand. It certainly helped reduce the high number of road accidents and emergencies which we normally face on a daily basis. But as we, fingers crossed, see a move to alert level 2 so also will we see a rise in criminal activity and other anti-social behaviour. Patrols will commence patrolling at level 2, be it that there may still be some restrictions and some areas around clusters may need extra care.

Despite the slow move back to normal, our emergency services and the health agencies will continue to work proactively to identify Covid-19 outbreaks. We need to prepare to work differently in the future. A good example is the regular cleaning of vehicles, maybe we should consider this as a day-to-day practice, not only to avoid Covid-19 but also for general health practices and to help avoid the flu and cold viruses that abound at this time of the year and can affect us all.

Changes also need to be considered with regard to us as an organisation. The issue of how we support our communities during emergencies is an interesting one. I have had interesting conversations with patrollers who have been very happy to stand down at all levels of the current emergency, and I have received messages from emotive patrollers who believe we should be out there at all levels. There are very good reasons for both views and I believe discussion on these issues is healthy for us as an organisation.

At the Bay of Plenty District training day early this year, I advised the gathered patrollers that our training for this year will involve emergency management training so we are better equipped to be involved in these situations. In hindsight, this has turned out to be a sensible and timely plan. The New Zealand Coordinated Incident Management System (CIMS) is now in its third edition and the Government is considering making it mandatory for all of their employees. We should do the same. In June this year information will be made available on the training requirements for us to review. I invite you to go and find this at <https://www.civildefence.govt.nz/resources/coordinated-incident-management-system-cims-third-edition/>. This will be an important development of CPNZ and serve us well in the future and affect how we support emergencies within our communities.

Keep safe, be kind.

**Chris Lawton,  
Trust Board Chairperson**

A handwritten signature of Chris Lawton in blue ink, written in a cursive style.

A reminder that we remain unable to Patrol during Level 3. This order comes directly from Police National Headquarters and therefore supersedes a local request from PLO's, Councils and Business Associations. Work is being done on Level 2 requirements to undertake Patrolling given the PM's announcement.

A little update that the staff at National Office smashed their goal of walking a collective 400kms over the lockdown period. As of 11:59pm 27th April, we had walked 417km. How did you do?



# FOR SALE!



IS YOUR PATROL INTERESTED IN THIS PATROL VEHICLE??

In July 2020 the Christchurch South Community Patrol is purchasing a new Patrol Vehicle. They seek an expression of interest from other CPNZ patrols if you wish to consider an option to purchase SUZUKI GRAND VITARA FOUR WHEEL DRIVE Registered October 2016 Approximately 95,000kms Price Range \$14,000 to \$16,000 The patrol has the option of removing Front and Rear Dash Cam and Roof Bar with LED flashing Lights, hence the price range. As the Patrol is a 'City' patrol, this vehicle has rarely been over 50km's per hour. Fully Serviced records are available.

Please email any questions to [mhfenton@xtra.co.nz](mailto:mhfenton@xtra.co.nz) Or ring 0274 324 975

CPNZ Annual General Meeting is being held electronically Sunday 28th June. All voting will be completely electronic given COVID-19.



## Calling all Patrols!

This briefing shows off a couple of Patrols who have been teaming up with other agencies to continue volunteering through Alert Levels 3 & 4...but we want more! If your Patrol is out and about helping your community, please let us know and send us any pictures you have. We want to recognise your amazing work!



Congratulations City Park CP of Canterbury District on their new vehicle complete with National Livery!

The Patrol has reported that this has given the Patrol a boost in moral and is serving the city of Christchurch very well.

Congratulations City Park CP, it looks amazing!

**04/05/2020**  
**05/05/2020**  
**ZERO NEW CASES**

Take a bow Aotearoa!

# SARAH - VETTING, ID CARDS, DATABASE UPDATES AND ACCOUNTS

ACCOUNTS@CPNZ.ORG.NZ/  
DATABASE@CPNZ.ORG.NZ/  
0274550007

A huge thank you to all the Patrols out there who have used their down time during lockdown to provide me with updates of their Patrol. Please, if you have not yet let us know about someone who has resigned from your Patrol, send me an email or give me a call. Our database is only as good as the information we are given.

We have also been speaking with Police Vetting Services about how to complete a vetting application in level 3. Their suggestion has been for a video call to confirm an applicant's ID and likeness. Any vetting will have to wait until level 2, for anyone not able to meet the above technology requirement.



TRAINING@CPNZ.ORG.NZ /  
0272966002

## TONI: TRAINING AND EVENTS



It is wonderful to see lots of people online completing training.

A reminder that all ten training modules MUST be completed by 11:59pm 30th June 2020 (not including Patrol Members who have been vetted within the last three months or who are currently on leave). Any Patrol Member in breach of this deadline must be stood down from all patrolling activities until the training is complete.

For anyone who is unable to get back into their online training profile because you have forgotten your password or username, please let me know. I am able to help you with both of these.

For now kia kaha, kia maia, kia manawanui.

## KATRYN: SUPPORT AND COMMUNICATIONS

OFFICE@CPNZ.ORG.NZ /  
0272932877

It has been a busy month making contact with Patrols to provide a bit of extra support. It has been hugely satisfying to re-establish a strong line of communication between these Patrols and the team at National Office and provide them with support

A trend we are noticing through this contact is that when someone steps into the Patrol Leader role, they often don't know where to start with little to no handover. Please, when your Patrol changes leadership, support your new Patrol Leader. If you see or have seen something in a briefing, a kind reminder to your Patrol Leader will be a huge help for them as they become familiar with the role...we are only human and we don't know what we don't know!



# LOOKING BACK AT APRIL

## PATROLS FINDING WAYS TO CONTINUE HELPING.....

Deon Jordaan from Havelock North CP delivering groceries. Full NZ Herald story via this link: [https://www.nzherald.co.nz/nz/news/article.cfm?c\\_id=1&objectid=12325021](https://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=12325021)



We were all devastated to hear that we would not be able to Patrol under Alert Levels 3 & 4. Some Patrols took it upon themselves to reach out to their local Red Cross, Age Concern, council, etc to see what other ways they could help out.

These Patrols have been out there for the past seven weeks, delivering food and medicine to those in their local area who are at high risk of Covid-19. It is so heartwarming to see the initiative that comes from a drive to help.

Stokes Valley CP has teamed up with their local pharmacy and meals on wheels to make vital deliveries!



## ANZAC DAY DONE A LITTLE DIFFERENTLY



We would like to make special mention of Trust Chair, Chris, who not only stood at dawn but represented CPNZ by wearing full uniform.



Kiwis were not going to let lockdown stop them from remembering ANZAC heroes. #Standatdawn saw Kiwis of all ages standing at the end of their driveway at dawn, paying their respects and our Aussie counterparts following suit two hours later.

# RECOGNISING EXCELLENCE



We would like to recognise Ross McKinnon QSM, of Stokes Valley CP upon his retirement as a Patroller of CPNZ.

Ross has given so much to the Hutt District as the driving force behind the conception of both Stokes Valley CP and Petone CP.

Ross' contribution to CPNZ and the Hutt District was recognised with a certificate and Silver Shield, which were both presented in front of the Patrol he helped build.

From a National standpoint, we would like to thank Ross for his drive and passion in helping NZ Police make the people of Aotearoa feel safe and be safe. It is people such as Ross who truly make a difference.

*Thank you*

## Please join with us in welcoming the new Commissioner of NZ Police:

Andrew Coster became Commissioner of Police on 3 April 2020. His police career spans over 23 years and has a strong history of accomplishments following his graduation from Police College in 1997. Before being appointed as Commissioner, he was acting Deputy Commissioner: Strategy & Partnerships.

CPNZ looks forward to having a strong working relationship with Commissioner Coster.



We were very excited to be made aware of two Patrollers from Havelock North CP being nominated for the Hastings Heroes campaign. Congratulations and good luck Deon and Zelda!

Although we all do this out of a passion for helping people, it means so much for our volunteers to be recognised for going that extra mile. Please keep an eye out for opportunities such as this to nominate that special person in your Patrol who deserves the recognition.



### Deon Jordaan and Zelda MacKenzie

I would like to nominate 2 people from our Havelock North Community Patrol. Deon Jordaan and Zelda MacKenzie have both stepped up to do deliveries for Age Concern for needy people during lockdown. Our patrol is not currently operational not only due to lockdown but also because most members are aged 70+ so these 2 people are performing a vital community volunteer service.

Don't forget to recognise your volunteers.....

let us know who deserves recognition at [office@cpnz.org.nz](mailto:office@cpnz.org.nz)

## Level 3: same as level 4 but with takeaway? - How to stay sane!

And so enters week seven of being at home 23 hours a day for the majority of us or working under serious pressure for over 600,000 kiwis. Some are using the time to learn a new skill, some are enjoying a well deserved stay-cation, some are hiding in their shell due to anxiety and some are so busy that they don't stop. It's a tough time for everyone, regardless of if you are retired, unemployed, working from home or on the front line as an essential worker.

Here are some tips to stay sane regardless of your lock-down experience:

Got nothing to do all day?

- Make a routine for yourself and stick to it as best you can - this should include productive jobs that allow you to feel as though you have accomplished something and resting periods where you don't feel guilty for relaxing.



Working from home?

- Don't allow your sleep, work and relaxation areas to meld into one another. Have a space for each activity so that you can concentrate while working, disconnect once you are finished work for the day and switch off entirely when you go to bed. The same suggestion goes for your children learning from home.

Everyone who is stuck at home:

- Make sure you move at least twice a day - go for a walk or run, join in on an exercise video, clean the house, dig up some weeds in the garden - it doesn't matter what you do, so long as you allow your blood to pump around your body. Being stationary for days at a time can make your pre-existing aches and pains feel much worse.



- The same goes for your diet - consistently eating badly for a prolonged amount of time will cause you to feel lethargic and can even trigger depressive thoughts. Make sure there are lots of fresh fruit and vegies included in most meals (but of course keep enjoying your favorite treats in moderation).

- Do not fill up on doomsday videos - it feels as though all we see when we turn on any screen is terrifying and it's not good for your mental health. Ensure you get your information from reputable sources such as Dr Bloomfield's daily updates



And remember, we don't always know what someone else's lockdown experience is, so.....

**Be kind**

